



Splash Island Indoor Aquatic Center Fall / Winter

**Schedule
Begins
Sept. 7**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	5:30a-10:00a Lap Swim Water Walking	Closed
6:00 AM							
7:00 AM							
8:00 AM	8:00a-9:00a Aqua-X Molly	8:00a-9:00a Aqua-X Molly	8:00a-9:00a Aqua-X Molly	8:00a-9:00a Aqua-X Molly	8:00a-9:00a Aqua-X Judy	5:30a-10:00a Lap Swim Water Walking	Closed
9:00 AM	9:00a-10:00a Aqua-X Judy	9:00a-10:00a Aqua-X Judy	9:00a-10:00a Aqua-X Sara	9:00a-10:00a Aqua-X Judy	9:00a-10:00a Aqua-X Sara		
10:00 AM	10:00a-11:00a Arthritis-X Jennifer	10:00a-11:00a Aqua-X Judy	10:00a-11:00a Arthritis-X Jennifer	10:00a-11:00a Aqua-X Judy	10:00a-12:00p Lap Swim Water Walking		
11:00 AM	11:00a-12:00p Lap swim Water Walking	11:00a-12:00p Lap swim Water Walking	11:00a-12:00p Lap swim Water Walking	11:00a-12:00p Lap swim Water Walking			
12:00 PM	Closed	Closed	Closed	Closed	Closed	12:00p-9:00p Rec Swim	12:00p-6:00p Rec Swim
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM	4:00p-8:00p Lap Swim Water Walking Swim Lessons	4:00p-8:00p Lap Swim Water Walking Swim Lessons	4:00p-8:00p Lap Swim Water Walking Swim Lessons	4:00p-8:00p Lap Swim Water Walking Swim Lessons	4:00p-8:00p Lap Swim Water Walking Swim Lessons	12:00p-9:00p Rec Swim	12:00p-6:00p Rec Swim
5:00 PM							
6:00 PM		6:00p-7:00p Aqua-X Judy		6:00p-7:00p Aqua-X Judy			
7:00 PM	8:00p-9:00p Lap Swim Water Walking	8:00p-9:00p Lap Swim Water Walking	8:00p-9:00p Lap Swim Water Walking	8:00p-9:00p Lap Swim Water Walking	6:00p-9:00p Rec Swim	12:00p-9:00p Rec Swim	6:00p-8:00p Lap Swim Water Walking
8:00 PM							
9:00 PM	8:00p-9:00p Lap Swim Water Walking	8:00p-9:00p Lap Swim Water Walking	8:00p-9:00p Lap Swim Water Walking	8:00p-9:00p Lap Swim Water Walking	6:00p-9:00p Rec Swim	12:00p-9:00p Rec Swim	6:00p-8:00p Lap Swim Water Walking
9:00 PM							

**** No Water Aerobics Classes on Monday, September 6 ****